

Radiation Protection for Pregnant Workers

**Did you know you can
confidentially declare your
pregnancy with the Office of
Radiation Safety?**

**The Office of Radiation Safety
will closely monitor radiation
workers who have declared
their pregnancy for radiation
exposure.**



Pregnancy Surveillance Program

If you are pregnant and work with radioactive materials or near areas where radioactive materials, and x-ray producing devices are used, declaring your pregnancy is an effective way to monitor radiation exposure to the fetus.

- Your declaration can be made directly to the Office of Radiation Safety who can meet with you and provide your fetal monitor in a discreet manner if requested.
- The program is voluntary and allows you to continue to work with additional monitoring and protection.
- The more restrictive occupational dose limit to a declared pregnant radiation worker is 500 mrem for the duration of the pregnancy or 50 mrem per month.

For more information about the program:

Contact the Office of Radiation Safety

✉ radiationsafety@ufl.edu ☎ Office (352) 392-7359



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**OCCUPATIONALLY EXPOSED WOMAN
WHO HAS DECLARED HER PREGNANCY**

Employee Name:

Estimated date of conception:

Date Pregnancy declared:

I understand that since I have voluntarily chosen to declare pregnancy, my occupational radiation dose will be regulated by dose limit guidelines for the embryo/fetus from conception to birth.

Signature of employee:

Date of delivery/withdrawal of declaration: